



# Lago Vista Women's Club

Founded in 1978

[www.lvwomensclub.com](http://www.lvwomensclub.com)

March, 2018



## Words from our President

Trisha Upchurch



Trisha Upchurch  
President -2018

It's March Madness time! That may only mean something to you if you are a college basketball fan like me. However, March Madness can also apply to the flurry of activity floating through the Lago Vista Women's Club. First, the program for the March 13 luncheon promises to be a treat! This year our annual spring fashion show will be brought to us by **Soft Surroundings**, a popular shop located in the Arboretum. This style show will be a wonderful way to start spring!

Next, our **Spring Tour of Homes** is only weeks away. I hope you have your ticket; if not, you can purchase yours for \$20 at the March luncheon. Tour tickets are also available at the Shipping Post and Tutta Italiana Coffee Shop. Many members are generously donating their time and energy to make sure that this event will be filled with food, fellowship, and fun. All proceeds will be donated to the Lago Vista Women's Club for our philanthropic activities.

Applications for community grants and high school scholarships are coming in! That's wonderful news because we have lots of money to give away. Through your generous donations and support of such endeavors as the January gala and monthly surprises, we will continue to give away funds to deserving high school students and community organizations. The financial assistance provided by the Lago Vista Women's Club confirms our important goals.

If you didn't attend the February luncheon, you missed an insightful presentation from Liza Talbot, digital archivist at the LBJ Presidential Library. A visit to the library might be fun and insightful. Thank you to the following members for donating monthly surprises for the luncheon: Joyce Coleman, Vicki Perrin, Susan Knox, Lisa Spreen, and Linda McCullough. I hope to see you at the March 13 luncheon.



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"Spread Your Wings and Fly!"

Trisha

Did You Know



NASA announced the first group of female astronauts in 1978? The group included Shannon Lucid, Margaret Rhea Seddon, Kathryn Sullivan, Judith Resnik, Anna Fisher, and Sally Ride. **AND the Lago Vista Women's Club was founded!**



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## MARCH



### This Month's Luncheon Information

## Soft Surroundings

*my time. my place. my self.*

Springtime Fashion Show from "Soft Surroundings" ... a lovely shop in the Arboretum with a great Spring line of clothing! [CLICK HERE](#) to visit their website



I'm sure you have all been waiting for this - our annual fashion show. We are excited to bring you the clothing line of "Soft Surroundings". So many of you have talked to me about how wonderful these clothes are and if you have seen their catalog, you will agree. The manager, Jean Gilbert, is excited to join us and we get to help out with 10 of our own as models. We hope you will enjoy the soft music which will add to the ambiance as we view the 20 lovely outfits. **Also, we will all be given a discount ticket for our next shopping trip there and that is exciting!**

Don't miss this opportunity as we always have a crowd. See you all at the luncheon.

*Fran Rimmer,*

1st Vice President  
Programs



## MEETINGS

**LVWC is a 501 (c) (3)  
Non-Profit Organization.  
All meetings are open to  
everyone.**

- **LVWC Executive Committee Meeting**  
First Tuesday of the month  
K-Oaks Club House-9:30 am  
Sunflower Room
- **LVWC Luncheons**  
2nd Tuesday of the month  
K-Oaks Clubhouse-11:00 am

### About Missed Luncheon Reservations

What happens if you are unable to attend a luncheon after making a luncheon reservation? According to the club's bylaws, if you have not canceled your luncheon reservation in a timely manner (5:00 PM on Wednesday prior to the Tuesday luncheon), you are expected to send a check for the proper amount to the Treasurer, P.O. Box 4501, within ten days. Reservations for other club events will not be accepted until such moneys are paid. Please keep in mind that meals must be paid to our caterer even if the member misses the luncheon. Proper payment for missed luncheons is most appreciated. Thank you, Ladies, for making your luncheon reservations by the deadline. Following the luncheon deadline allows us to order enough delicious food for each person who makes a reservation. When members show up without a reservation, it can be difficult to serve everyone. Your 2<sup>nd</sup> vice-president strives to see that all attendees have plenty of food on their plates; please avoid attending a luncheon without a reservation.

## MARCH MENU – Luck of the Irish!



**Garden Salad**-Mixed Greens with Seasonal Vegetables, Green Goddess and Balsamic Dressings  
**Shepherd's Pie**-Ground Beef and Vegetables cooked in Guinness Gravy  
**Braised Cabbage and Carrots**—**Mashed Potatoes, Irish Soda Bread**  
**Guinness Irish Cream Cake** - Chocolate Sponge Cake with  
 Guinness Syrup and Irish Cream Mousse





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## MARCH

### What's Going On This Month



### Welcome New SIG Ideas

We love our **Special Interest Groups!** There are so many to choose from; however, you might have an idea for a new one. If so, here are the steps to follow if you would like to start a new special interest group:

1. Share your idea for a new SIG with other members.
2. List the names of at least ten other LVWC members interested in joining this SIG.
3. Submit the idea and the list of names to Trisha Upchurch, LVWC president, or to another member of the Executive Committee (see your yearbook for emails and telephone numbers).
4. Your SIG idea will be voted on by the Executive Committee.
5. Once it is approved, it will then be shared with members at a LVWC luncheon.
6. The new SIG is now official, and members can participate! Enjoy!

**Artistic Divas- The monthly Craft Group** will meet on Friday, March 2 at the Lago Vista Library from 2-4pm. Bring your Zentangle or other craft project and mingle with other crafters. **Our next event** will be at Ceramic N More in Cedar Park. Willie has designed a special project in fused glass for us. See 3 different examples at the sign-up table at the luncheon and register for the class. Events coming up include a Beginner watercolor class and a Mosaic glass! See Page 5.

**Bunco-** We always begin playing at 2 p.m.; so come a little early to grab some refreshments and greet friends. Every LVWC member is welcome. We meet at the POA Bluebonnet Room and bring \$2. Questions? Call Debbie Long 512-914-6773

**C.A.R.E** We are Compassionate, Attentive, Reassuring and Encouraging ladies ready to serve you! Please remember the only way we know that there is a need for our service is if you tell us! Please do not hesitate to reach out to us if you or some member you know is ill, in the hospital, facing an upcoming surgery, or going through a difficult time. If someone needs a ride to the monthly luncheons let us know. New Service Offered: If a member is home bound and needs assistance getting their groceries let us know because we would like to help. **Christy Ordener** 432.349.5492

**Mindy Hensen** 512.636.0423

**The Cooking Pot**—Next month's menu will take everyone to various regions of Italy! It will be held at Greta Dusa's home on March 5th. **Donna White**-512-695-8300

**Susan Knox** 979-235-7735

**Hi! Tech!-Computer classes** – March 6, 20 and 27 it's WORD!

Classes will be at the LV Public Library from 10 am to 11:30.

Send Email [HERE](#) to reserve a library laptop or bring your own!

**Learning Bridge**-Every Friday, 10:00 am to noon.

Bluebonnet Room, Activity Center: American Drive at Boggy Ford.

**Literary Club**— **Feb. 20** 12:30 in the Bluebonnet Room, Activity Center –American Drive and Boggy Ford. Anna Johndrow will discuss the novel *The Autobiography of King Henry VIII* by Margaret George

**Mah Jongg**— **CHANGE OF VENUE!! UNTIL FURTHER NOTICE**  
**MAH JONGG WILL BE HELD AT TUTTA ITALIANA ON**

**LOHMAN FORD Still Every Wed.** 1pm-4pm This interesting, exciting and FUN ancient Chinese tile game with 4 (or 3) ladies per table uses the National Mah Jongg League rules and uses both skill and luck. Whether you are an experienced player or new to the game, please come join us (free lesson!)

Merilea Pannell-Coordinator [merilea@aol.com](mailto:merilea@aol.com) 817-458-2312  
Rose Melican-Assistant

**Out and About**— Thursday, April 19th will be the next and last outing for this year. We will travel to Brenham, Texas to visit the Antique Rose Emporium and event center and possibly the Blue Bell Factory for a quick tour and a sample. Please sign up at the March and April LVWC luncheon at the SIG table or by emailing [frethtx@gmail.com](mailto:frethtx@gmail.com).& join us to finish out the year .Full details on page 6.

**Party Bridge** - \$2 per session on the 1st, 3rd and 5th Fridays of each month! 1:00 pm. Bluebonnet Room, Activity Center  
**Pat S. 512-267-3508 Susan K. 512-267-0210**

**Wine Tasting Around the World** -Ellie S.-503-201-2708,  
Elyse E. 832-603-2051, Sheri R. 281-782-7817



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## Butterfly and Hummingbird

### Tour of Homes-April 7, 2018

Ann Murrow Chair

**What a grand experience!** The eight families whose homes are on tour this spring are Shana and Snuffy (Duncan) Holt, Trisha and Mike Upchurch, Joyce and Jack Coleman, Jill and Barry Taylor, Martha McRae, Laurie and Frank Engels, Lana and Trey Cox, and Linda and Jim (Mattress Mac) McIngvale. We are grateful for their thoughtful gift of love to our club and to our community!

We are blessed to have many of the talented musicians in the Hill Country Singers as well as those who entertain in restaurants locally and in Cedar Park also contribute their talent as entertainment at many of the homes.

**You are invited to go to all of them!** There is no start or finish. Go at your leisure! A Roving Tea will be featured at several of the residences on the club's April 7<sup>th</sup> Tour of Homes. As a member of the Lago Vista Women's Club, you enjoy many opportunities to learn new things, venture into new challenges and to participate in helping others in the community through the club's Philanthropic fund. Funds you help raise, help others. And 100% of the funds raised through this unique opportunity are going to our Philanthropic Fund.

**Lots of ways to participate.** Contribute a box of tea sandwiches or one filled with your fanciest cookies to the club's *Butterflies and Hummingbirds Tour of Homes*. An English Tea, with flavors of the Empress Hotel is being highlighted. Those members who sign-up to make baked goods will be receiving recipes, several noted to be found at the Empress Hotel. Bakers may use their own recipes or those sent to them. Just like entertaining at home only you don't have to vacuum after the guests leave! If, at the end of the afternoon, there are goodies left, they will be available for purchase. Just ask your hostess or one of the volunteers. At the time you bring your food to your assigned home, you will be offered \$5 toward your cost.

If volunteering is your forte, there are still a few vacancies needed to be filled. It's simple! You welcome your fellow members and guests and, also help to make sure the tea table is filled with tasty goodies. Your volunteering stint will be for two hours, giving you plenty of time to tour the other homes.

Be sure to sign-up to provide goodies or volunteer your time during the Tour of Homes, while you are at your luncheon table during the March luncheon.

The hostesses will gather at Tutta Italiana Coffee Shop this month to share their tips on how they plan to prepare for your visit. A highlight of their gathering will be the introduction of the butterflies and hummingbirds designed and handmade by Tami Flournoy. The common denominator of the home tour is Spring-time, filled with Butterflies and Hummingbirds! Tami is loaning a flock of them to each of the hostesses to be used as centerpieces or to be seen on each of the hostess's mantel, coffee table or library shelves.

**Where to get your tickets** Tickets may be purchased at both the Tutta Italiana Coffee Shop (Lohman Ford Road at Dawn Drive on the hillside) and the Shippin' Post. A few tickets will be available at the March luncheon. Please use your charge card or write your check before leaving home for the luncheon. \$20 per ticket, 100% of which goes to the club's Philanthropic Fund. Be a giver! Buy tickets! \$6,000 is our goal!

**Questions?** Please call 512-970-4400 (yearbook number is incorrect) or send an email to [AnnMurrow@aol.com](mailto:AnnMurrow@aol.com)





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## Bits and Pieces

### News and Views



**The monthly Craft group will meet on Friday, March 2** at the Lago Vista Library from 2-4pm. Bring your Zentangle or other craft project and mingle

with other crafters. Back by popular demand will be an event at Ceramic N More in Cedar Park. Willie has designed a special project in fused glass for us. See 3 different examples at the sign-up table at the luncheon and register for the class.

Check out the Beginner watercolor class and Mindy Hensen is ready to teach the next mosaics class. She will be teaching participants to cut glass, use a grinder to smooth out the imperfections in the cuts, and follow a pattern to create a beautiful mosaic on a glass block. If you are interested in participating, contact Mindy Hensen ASAP at 512-636-0423 or email [mindyhensenvwc@yahoo.com](mailto:mindyhensenvwc@yahoo.com) You will need to pick out a pattern from one she has or pick your own pattern, getting Mindy's approval for your pattern. She wants to make sure you don't pick anything too hard! You will need to buy your own supplies this time. She has a list of what you will need for the class. At this writing, the dates for the class have not been determined, but they should be set by luncheon time. Check at the Special Interest Groups table to get more information and to sign up!



**Collecting Purses**-Anna Johndrow will once again be collecting purses for the Rotary Club of Austin Centennial's collaboration with Handbags for Hope.

This program collects gently used everyday handbags, sews important emergency numbers inside them and then provides them to children of abused women. They in turn gift their mothers with the bags on Mother's Day. Research shows that when women flee an abusive situation they often take only their children and their purse. By having emergency phone numbers sewn into the handbags they an important resource to help when they need it the most. This is a great opportunity to clean out our closets and make room for those cute new handbags we'll all want this Spring! Bring your contribution to the luncheon on March 13 OR, the Lago Vista Therapy Group has graciously agreed to allow a receptacle to be placed outside the side door all the month of March. PLEASE DO NOT ENTER THE CLINIC; JUST DEPOSIT YOUR DONATION IN THE PROVIDED RECEPTACLE. It is imperative that we not interrupt the function of the clinic. Anna is very grateful for the collaboration with our Club and the Lago Vista Therapy Group. Last year the Club's contribution resulted in over 80 handbags! Let's break our record! For more information, email Anna [HERE](#).



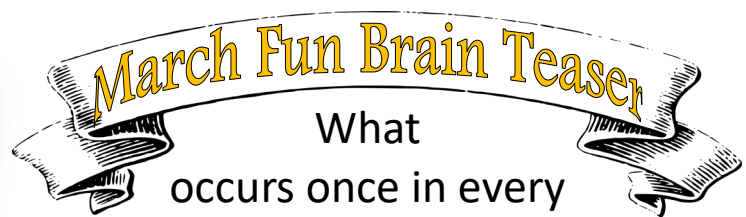
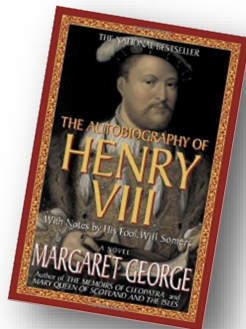
### Literary Club

This month's selection is ***The Autobiography of King Henry VIII, With Notes from His Fool, Will Sommers***, a novel

by Margaret George.

King Henry the VIII is iconically known for

beheading two of his six wives, but his reign reverberates even today because of the impact his desire to divorce his first wife, Katherine of Aragon, had on world history and culture. Anna Johndrow will lead the discussion on March 20th in the Bluebonnet Room of the Activity Center on American Drive at 12:30 pm.



What occurs once in every minute, twice in every moment, yet never in a thousand years?

Answer on page 6.



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## Bits and Pieces

News and Views (continued)



### Out and About

Spirits were not dampened by the rainy weather. Seventeen of those signed up for the Private Honey House Tour were up for the challenge. After all, we only had to get to and from the car. So much for any side trips. We can go another time.

We met at CVS at 10:30A as usual and carpoled to a little known cafe, Papi's Pie Cafe, in Round Rock. In the interest of time, we were given a limited menu from which to choose: Three varieties of Quiche (including a gluten free option), Empanadas (Chicken, Beef, and vegan), and Belgium waffles complete with strawberries and whipped cream. We called the order in when we were on our way to provide this tiny cafe (seating for only 22) with some prep time. By the time we arrived, the tables were set. After our drink orders were taken, the food came soon after. They were able to get all 17 ladies served and out the door for our 12:30P Honey House Tour. Just a few minutes away we was the Round Rock Honey House. They were ready for us and we met the manager and the young gentleman who was quite the expert, that presented out tour. He's been around bees and beekeeping since he was three with his grandfather. Very knowledgeable and informative. Then a little sampling of different types of honey (Yumm). Don't be surprised if you see a few ladies with bee hives in the future. I guess we'll have to see what the POA has to say about that. A lot of interest and excellent questions. Of course,

nearly everyone had to have a jar or two of honey to take home. Orange-Cinnamon Honey was the biggest hit.

### The Next Out & About

**Thursday April 19th** will be our next and last outing for this year. We will travel to Brenham, Texas to visit the **Antique Rose Emporium** and event center. With a little luck, we will also make the **Blue Bell Factory** for a quick tour and maybe a sample. This will be our second attempt to get to the Rose Emporium. We tried a couple of years ago and Mother Nature just wouldn't cooperate with the weather. In April the bluebonnets and Indian paintbrushes should be in full bloom making for a nice drive. Brenham is just about 1 1/2 hour drive from Lago Vista. I hope you will sign up to join us to finish out the year.

Sign up at the March and April LVWC luncheon at the SIG table or by emailing [frethtx@gmail.com](mailto:frethtx@gmail.com).



### The Cooking Pot

February's French Cuisine with the Lago Vista's Cooking Pot was EXQUIS (French for delicious)! It was held at Betsy Brown's home and

put together by Paula Riddle, Gladys Ables and Laurie Engles. The air was filled with Palmier Pastries, Nicoise Salad, Lentil soup, Chicken Cordon Blue and topped off with an amazing pear dessert -- Poire belle He'le'ne H. The meal was not only filled with rich flavors but lots of rich history, too! I felt like I was eating at a café by the French Riviera. See Page 3 for the next **Cooking Pot** event.

### Nominating Committee

#### LOOKING FOR LEADERS

If you would like to nominate someone to serve on the Executive Board please download a fillable form from our website (in ABOUT US) or by [CLICKING HERE](#). Email the completed form to Dee Phipps at [dkphipp65@gmail.com](mailto:dkphipp65@gmail.com)

**Answer to the Brain Teaser on page 5:**

**The letter m.**



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## Bits and Pieces

News and Views (continued)

**Say Happy Birthday to those of us celebrating birthdays in March.**



Christy	Ordener	3/3-
Elizabeth	Goldsby	3/6-
Diane	Zaydel	3/6-
Jean Marie	Loeffler	3/8-
Barbara	Salter	3/10-
Beverly	Selph	3/10-
Merilea	Pannell	3/14-
Theresa	Weber	3/14-
Cherry	Barfoot	3/15-
Jill	Taylor	3/16-
Dorothy	Gudgell	3/18-
Sylvia	Valls	3/20-
Robyn	Burkhart	3/22-
Ginger	Halsted	3/23-
Barbara Jean	Mccabe	3/25-

**When did you join the LVWC?**



We'd love to add the information of when each one of our members joined our group to the directory. Please send an email to [Judy Devore](#) with the YEAR you became one of the Super Women of the Lago Vista Women's Club!

**Spread Your Wings and Fly!**



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## Who We Support

### Our Community Grant Recipients

Every year, a group of our members gathers to study the grant requests we receive from organizations that are active in our community. Their duty is to determine the eligibility of each of the requests and to determine how to allocate the available funds. This section of our newsletter is meant to provide a brief description of those YOU are helping to support. All the funds we collect throughout the year, particularly through our Gala, are destined for Scholarships and Grants; usually in a 60%-40% split.



The Lago Vista Players conduct a youth workshop each summer which provides between 20 to 30 children quality theatre arts instruction and an opportunity to perform a play. Many of the children have gone on to perform with the LVHS theatre groups and LV Players major shows.

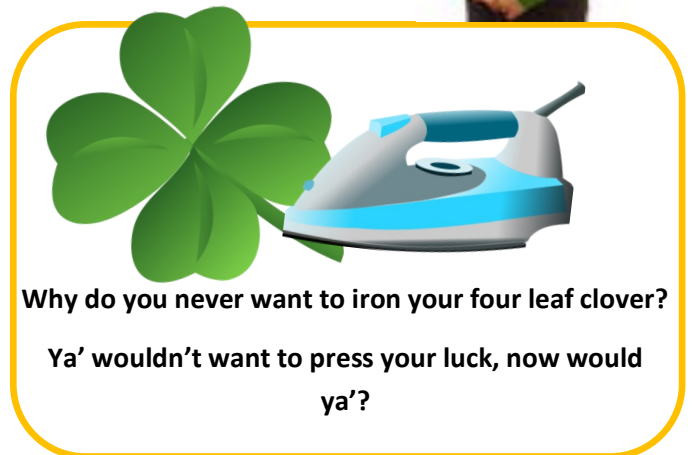
The children's tuition for this workshop is kept very affordable to ensure all interested children have the opportunity to attend. Unfortunately the cost of renting K-Oaks and paying the director's honorarium significantly exceed the tuition money we collect. Each year the Players must augment the tuition with approximately \$1,000 of other revenue to cover all expenses. The generous donation from the Lago Vista Women's club goes directly to support this youth program. It would be difficult to keep the cost to the children's families so low without the help of the Women's club

The Players can't thank you enough for your past support of this valuable youth program

### The Lago Vista Public Library

Part of the mission of the Lago Vista Public Library is to enrich the quality of life for all citizens of the community by providing access to recreational reading, information and lifelong learning opportunities. The Lago Vista Women's Club has been instrumental in helping the Library toward that mission. In previous years, grant funds were used to purchase books and audiobooks for the library, which were very popular with residents that like to listen to the spoken word, and especially to the people who listen to books on their commutes to work or on vacation road trips. Last year's grant funds allowed us to purchase four new laptops and software for the Library to

use for computer literacy. The Library and the Women's Club formed a special partnership to offer free computer classes to the public. Club members, Anna Johndrow, Karen Parker, and Klee Lee instruct students in the use of Microsoft Word, Excel and Publisher. Library Volunteer, Mike Valls teaches classes on cyber security and Internet Safety. The Library provides the Meeting Room space and offers use of the laptops to students who don't have one of their own. Library staff and volunteers are grateful to the Women's Club for its generosity and for helping the library provide a needed service to the community.



**Why do you never want to iron your four leaf clover?  
Ya' wouldn't want to press your luck, now would ya'?**







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March, 2018



Ladies,

March proves to be exciting as we host everyone's favorite, the Fashion Show! Be sure to get your reservation in by Monday, March 5th at 10:00 pm to reserve your spot. You don't want to miss this one!

MARCH PROGRAM: Springtime Fashions!

Style Show from "Soft Surroundings", a lovely shop in the Arboretum with a great Spring line of clothing. Presented by Eve and Jean. Our runway models will be none other than our very own members!

**Here is the MENU for our Luck of the Irish Luncheon:**

**Luck of the Irish Garden Salad:** Mixed Greens with Seasonal Vegetables Served with Green Goddess and Balsamic Dressings

**Shepherd's Pie:** Ground Beef and Vegetables Cooked in Guinness Gravy **Sides:** Braised Cabbage and Carrots, Mashed Potatoes, Irish Soda Bread **Dessert:** Guinness Irish Cream Cake: Chocolate Sponge Cake with Guinness Syrup and Irish Cream Mousse

If you have questions or are not receiving reservations emails, please contact Mindy Hensen. [512-636-0423](tel:512-636-0423) by phone call or text, or email Mindy at [mindyhensenlvwc@yahoo.com](mailto:mindyhensenlvwc@yahoo.com).

To reserve your place you need to click on that button. It will

**RESERVE NOW**

take you to the form where you make your selections. **YOU DO NOT NEED TO REPLY TO THAT**

**EMAIL REMINDER & YOU DO NOT MAKE A RESERVATION BY REPLYING TO THE EMAIL.** Getting your email messages is wonderful, but I want to make sure you don't miss an opportunity to marvel at the automatic reservation system. It

will immediately send you an email in return, confirming your reservation and displaying all the information you entered in the system. It is really pretty cool! That green button will take you to the reservation system too. Give it a try. And remember, if you made a reservation in advance for March, March, April and/or May it is lost in cyber space and needs to be redone using this newer system. There is also a page on our website [lvwomensclub.com](http://lvwomensclub.com) for reserving for the luncheon. The button on the website is **RED**.

Thanks,

*Mindy Hensen*

"Lunch Lady"

2nd VP Social

[512-636-0423](tel:512-636-0423)

[mindyhensenlvwc@yahoo.com](mailto:mindyhensenlvwc@yahoo.com)

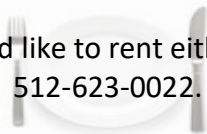


Be sure to get your tickets for the March Monthly Surprise! Only \$2 each or 3 for \$5 and the proceeds support our Philanthropic Committee.



## HAVING AN EVENT?

If you are planning an event at K-Oaks and would like to rent either the table settings or our table cloths, contact 512-623-0022.



**Box Tops for Education** Lago Vista Elementary School has participated in the BOX TOPS FOR EDUCATION program since 2002, earning over \$10,000. (Fund use is restricted.) Visit [boxtops4education.com](http://boxtops4education.com) for a list of participating products and valuable coupons. Bring your BT4E to the Women's Club Luncheons and place them in the collections basket in the bar area.

